

# Healing Horizons for Functional Neurological Disorder

## Media Press Kit

Location: Saskatoon, Saskatchewan, Canada

Website: [healinghorizonsfnd.ca](http://healinghorizonsfnd.ca)

Media Contact: [operations@healinghorizonsfnd.ca](mailto:operations@healinghorizonsfnd.ca)

### About Healing Horizons for FND

Healing Horizons for Functional Neurological Disorder (HHFFND) is a federally incorporated Canadian nonprofit dedicated to improving awareness, education, and support for individuals affected by Functional Neurological Disorder (FND). Founded in 2025 by Kim Lameront, the organization works to provide accessible resources, educational materials, and community-based support for individuals, families, and professionals navigating FND. HHFFND is developing a national digital resource hub, structured coping tools, and peer-support initiatives beginning with a Saskatchewan pilot program.

### What is Functional Neurological Disorder (FND)?

Functional Neurological Disorder (FND) is a neurological condition in which the brain has difficulty sending and receiving signals properly. Symptoms can affect movement, sensation, speech, vision, balance, and other body systems. FND is recognized by neurologists and can significantly impact daily functioning, yet awareness remains limited. Organizations like HHFFND aim to increase understanding and provide accessible support resources for those affected.

## Founder Bio

Kim Lameront is the Founder and Executive Director of Healing Horizons for Functional Neurological Disorder. After recognizing the lack of accessible resources and community support available to individuals living with FND, she established HHFFND to help bridge that gap. Through the organization, Kim is working to build a national digital resource hub, develop practical coping tools, and expand peer-support opportunities for individuals and families affected by FND. She lives in Saskatoon, Saskatchewan.

## Key Initiatives

- Developing a national digital resource hub for Functional Neurological Disorder education
- Creating structured coping tools such as the Coping Menu system
- Expanding accessible learning resources for patients and families
- Launching a Saskatchewan peer-support pilot program
- Building partnerships with healthcare professionals and researchers

## Media Quote

“Functional Neurological Disorder affects thousands of Canadians, yet many people have never heard of it. Healing Horizons for FND exists to ensure that people living with this condition know they are not alone and have access to supportive, practical resources.”

- Kim Lameront, Founder

## **Media Contact**

Operations & Media Inquiries

Healing Horizons for Functional Neurological Disorder

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